

### Are respite services available?

#### Park Place Adult Day Services

715-422-2795

[www.ppads.org](http://www.ppads.org)

Supervised day program for dependent adults providing daily activities and socialization.

### I'm worried that my loved one with dementia will wander away.

#### Project Lifesaver

Call the ADRC-CW at 715-421-0014  
or 888-486-9545

[www.adrc-cw.com](http://www.adrc-cw.com)

A tracking program for individuals with a cognitive impairment who are at risk of unintentionally wandering away and becoming lost.

### Wisconsin Crime Alert Network Silver Alert Program

[www.wisconsincrimealert.gov/silveralert.html](http://www.wisconsincrimealert.gov/silveralert.html)

Silver Alerts notify the public when an at-risk or vulnerable senior goes missing. Silver Alerts go out by email, text message or fax. Visit their website to sign up.

### Is my loved one with dementia okay to drive?

#### Aspirus Riverview Therapies

715-424-8500

[www.aspirus.org/Riverview-Hospital/Our-Locations/54.aspx](http://www.aspirus.org/Riverview-Hospital/Our-Locations/54.aspx)

Provides assessment conducted by occupational therapists (cost is \$125 cash). Behind-the-wheel assessments available through Dave's Driving School (cost is \$75 cash). All information and recommendations are sent to the individual's physician.

### AARP "We Need to Talk" Online Seminar

[www.aarp.org/weneedtotalk](http://www.aarp.org/weneedtotalk)

A series of short videos that help the families of older drivers assess their loved ones' driving skills, recognize warning signs and provides tools to help them construct a caring, effective conversation about driving.

### I need help keeping my loved one at home.

#### Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

715-421-0014 or 888-486-9545

[www.adrc-cw.com](http://www.adrc-cw.com)

The ADRC-CW can connect caregivers with supports that can be hired to: prepare meals, give showers, clean, etc.

### I've decided to move my loved one into a care facility.

#### Residential Care Apartment Complexes

Arborwood Lodge – 715-712-1299

Atrium Senior Living - River Run - 715-421-1400

Hilltop Grand Village - 715-423-7400

Nekoosa Court – 715-886-5353

The Renaissance – 715-424-6500

#### Community Based Residential Facilities

Arborview Court – 715-424-3758

Cranberry Court – 715-421-2121

Hilltop Assisted Living – 715-423-7400

Our House Assisted Care (16th St.) – 715-421-3060

Our House Memory Care (12th St.) – 715-423-1700

The Waterford – 715-421-0045

Wellington Place of Biron – 715-423-5600

#### Skilled Nursing Facilities (Nursing Homes)

Atrium Post Acute Care – 715-421-3140

Bethel Center – 715-652-2103

Edenbrook of Wisconsin Rapids – 715-424-1600

Edgewater Haven – 715-885-8300

### I'm concerned about elder abuse.

#### Wood County Human Services

715-421-4244

[www.co.wood.wi.us/Departments/HumanServices/AdultAbuse.aspx](http://www.co.wood.wi.us/Departments/HumanServices/AdultAbuse.aspx)

To report concerns of adult abuse, neglect or fraud, contact the Adult Services Unit at Wood County. Unit provides protective services to ensure rights and to provide for the safety of elderly and disabled adults who are at risk or incompetent.

Inclusion or exclusion from this resource guide does not generate endorsement or objection to a program or agency by our organization. Last update 9/2018.

# Dementia Help Guide

*A resource for people with  
dementia and their  
caregivers*



United Way of South  
Wood & Adams Counties

United Way's  
**2-1-1**  
Get Connected. Get Answers.



For a local listing of  
Dementia Friendly  
Organizations visit

[uwsac.org/dementia-friendly-organizations](http://uwsac.org/dementia-friendly-organizations)

Dementia Help Card (Front)

*The person I am with  
has memory issues.*

*Please Be Patient.*

*Thank You*

## What number do I call if I don't see the information I need here?

### United Way's 2-1-1

On your phone, dial 2-1-1 or 1-877-947-2211

[www.getconnected211.org](http://www.getconnected211.org)

Information and referral program that maintains a database of community resources and connects callers with questions to the proper services or organizations. Free and confidential; available 24/7.

## I think my loved one may have memory issues. Are screenings available?

### Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

715-421-0014 or 888-486-9545

[www.adrc-cw.com](http://www.adrc-cw.com)

The ADRC-CW offers free memory screenings which are intended to provide a "baseline" of your memory or cognition. Takes 15 minutes. Results are shared with you and physician, if you'd like.

## I need legal help.

### Wisconsin Judicare

800-472-1638, [www.judicare.org](http://www.judicare.org)

Judicare provides free legal help for eligible persons with low income. Can be used for establishing guardianship, power of attorney for health care or

other competency issues. Apply for Judicare services by phone or online. For a paper application, call for a location near you. If necessary, and if eligible, Judicare may provide an initial consultation with a local attorney for counsel and advice. *If you do not qualify for Judicare, contact a local Elder Law Attorney.*

## My loved one was diagnosed with dementia. Where can I get information?

### Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

715-421-0014 or 888-486-9545

[www.adrc-cw.com](http://www.adrc-cw.com)

The ADRC-CW provides information about options that allow you to make informed decisions. It promotes choice and independence through education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities.

### Alzheimer's Association

1-800-272-3900 (24/7 Helpline)

[www.alz.org](http://www.alz.org)

Offers information, education and support for people with Alzheimer's disease and related disorders, and their caregivers.

## Where can I connect with other caregivers?

### Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

715-421-0014 or 888-486-9545

[www.adrc-cw.com](http://www.adrc-cw.com)

*The Caregiver Support Program* provides information, resources and support for caregivers. Staff shares information on topics including respite care, supportive home care, personal care, wandering, support groups, challenging behaviors, and taking care of yourself.

*Powerful Tools for Caregivers* is a six-week course designed to help caregivers take care of themselves. This class teaches caregivers to reduce stress, improve self-confidence, better communicate feelings, increase their ability to make difficult decisions and locate helpful resources.

## Alzheimer's Caregiver Support Group

715-423-7400

Meets on the second Thursday of each month at 9:30 a.m.; and on the second Thursday of even months (June, August, etc.) at 6:30pm. All meetings are at Hilltop Grand Village and are free to attend.

## St. Luke's Lutheran Church Caregiver Support Group

715-423-5990

Open to ALL caregivers. Meets Mondays from 10:00 a.m. until noon. Call for additional information.

## Alzheimer's Association's Telephone Caregiver Support Group

1-800-272-3900

Held on the last Tuesday of every month 10:00 - 11:00am. Alzheimer's Association telephone support groups provide emotional, educational and social support for caregivers through regularly scheduled meetings held via telephone. Call to register.

## What activities exist for people with dementia?

### Wisconsin Rapids Memory Café

715-422-2795, [www.ppads.org](http://www.ppads.org)

Facilitated by Park Place. Meets the 2nd Tuesday of each month, 10:30am-noon at Centralia Center. Provides activities for people with dementia; support and information for the caregiver. There is no cost.

## Is funding available for caregivers?

### Aging and Disability Resource Center of Central Wisconsin (ADRC-CW)

715-421-0014 or 888-486-9545

[www.adrc-cw.com](http://www.adrc-cw.com)

The Alzheimer's Family Caregiver Support program offers reimbursement of certain expenses to keep a patient at home, including respite care, home safety modifications, etc.

## Lifespan Respite Care Northern Network

715-423-7182

Offers temporary, one-time funding to caregivers who live in the home of the person for whom they care.

## Dementia Help Card

Clip out this card and use it when you are in public with your loved one with dementia. This can be used in restaurants, stores, etc.

Dementia Help Card (Back)



*For resources to help, dial 2-1-1  
or 877-947-2211.*