I would like to learn new job skills or find a new job

Job Center - Adams County 608-339-9559, www.jobcenterofwisconsin.com

Local center for: current job openings anywhere in Wisconsin or US using internet based programs; job application forms for many area employers; assistance with resume writing; job placement assistance for Veterans; free fax and phone lines; help using the internet.

Division of Vocational Rehabilitation

800-228-1903 Toll Free, www.dwd.wisconsin.gov/dvr

Program for individuals with disabilities find, maintain or look for better employment.

Mid-State Technical College

1-888-575-6782, www.mstc.edu

Higher education provider of associate degrees, technical diplomas, and certificates in a wide variety of in-demand fields.

What resources are there for aging and disabled individuals?

Aging & Disability Resource Center

877-883-5378, www.co.adams.wi.us

Initiates, coordinates and administers programs that help older adults (age 60 plus) remain active, contributing citizens of the community. Programs include elder abuse intervention, caregiver support and services, home delivered meals, hearing/vision assistance, support groups, transportation and volunteer opportunities.

I need to find child care

Childcaring, Inc.

715-841-9490 or 800-628-8534, www.childcaring.org

Assists parents in their search for child care. Referrals to certified/licensed child care, informational materials available, etc. A scholarship program helps low-income families pay for childcare.

I think I need counseling

Adams County Health & Human Services

608-339-4505, www.co.adams.wi.us

(click on Departments & select Health & Human Services)

Outpatient clinic provides mental health and AODA therapy. Also provides psychiatric and psychological services to all open clients, and case management to eligible clients.

I think we are in a crisis situation

Adams County Crisis Intervention 608-339-4505 608-339-3304 After Hours Crisis Line (ask for an on-call crisis worker)

I need help with AODA Recovery

Family Health La Clinica Roche-A-Cri Recovery Center 608-474-4355, www.famhealth.com

Offers outpatient substance use recovery services including medication assisted treatment when appropriate. Provides an innovative approach to treating heroin and opioid prescription drug addiction which includes ongoing case management services, mental health services, and additional wraparound support to help promote recovery.

I need help with an abusive relationship

Hope House of South Central Wisconsin (Baraboo) 800-584-6790 Helpline 24 Hour, www.hopehousescw.org
Serves Adams County. Offers emergency shelter, food, clothing, support groups, legal assistance, resources for counseling, and transportation. Also provides services for sexual assault victims. Prevention information and community domestic violence education available.

I do not have access to health insurance

Capital Consortium

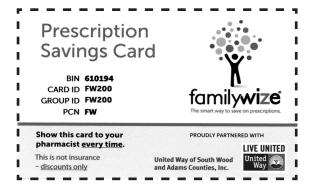
888-794-5556 Call Center, www.access.wisconsin.gov Determines eligibility for BadgerCare Plus and Medicaid.

Where can I find a prescription discount card?

United Way of South Wood & Adams Counties

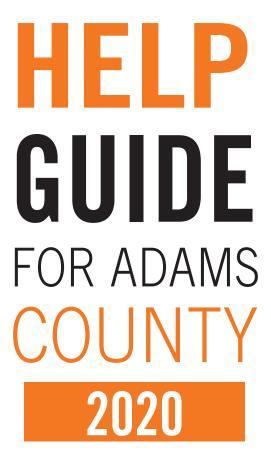
715-421-0390, www.uwswac.org/familywize

Cut this out and place in your wallet for immediate use. Or text "family" to 700700 to have information sent to you. Use as often as needed.



Inclusion or exclusion from this resource guide does not generate endorsement or objection to a program or agency by our organization.

Additional 2-1-1 materials are available. If your business, church or organization would like to distribute 2-1-1 materials, call 2-1-1 or visit uwswac.org/2-1-1.





United Way of South Wood & Adams Counties



351 Oak Street, Wisconsin Rapids, WI 54494 p. 715.421.0390; f. 715.421.3740 www.uwswac.org

What number do I call if I don't see the information I need here?

United Way's 2-1-1 On your phone, dial 2-1-1 or 1-877-947-2211 www.uwswac.org/2-1-1 Text your zip code to 898211

Information and referral program that maintains a database of community resources and connects callers with questions to the proper services/organizations. Free and confidential; available 24/7. Also connects people to the Wisconsin Addiction Recovery Helpline, a program for anyone struggling with addiction find treatment.

How do I apply for Unemployment?

Wisconsin Department of Workforce Development https://my.unemployment.wisconsin.gov/

Must apply online. If questions call the Job Center at 608-339-9559.

Where can I locate subsidized housing or rental/mortgage assistance?

Central Wisconsin Community Action Council -Adams County Rental Assistance

608-254-8353 Main Office, www.cwcac.org

Serves Adams County for emergency rental and mortgage assistance and helps with the homeless program.

Central Wisconsin Community Action Council Section 8 Housing Choice Voucher Program

608-339-0273, www.cwcac.org

For singles, families, elderly, permanently handicapped or disabled persons who meet income quidelines.

Renewal Unlimited - Housing Assistance Program 800-344-7543 Toll free, www.renewalunlimited.net

For low/moderate income homes. Provides seniors/disabled with a 0% interest loan. Loan is repaid with an affordable payment plan after home is sold.

Foundation for Rural Housing

888-400-5974, www.wisconsinruralhousing.org

Assists income-eligible clients with payment towards rent and security deposits, back taxes for 3 years behind, and mortgage payments (to prevent foreclosure).

Forward Services Corporation 608-472-4045

Assists with rent with an eviction notice. Income eligibility requirements. Office is open by appointment only.

I can't afford to pay my utilities

Energy Services Incorporated of Adams County Wisconsin Home Energy Assistance Program 608-339-6767

WHEAP is heat/electric assistance for income eligible homes in Adams Co. Furnace repair and/or replacement for home owners.

Foundation for Rural Housing

888-400-5974, www.wisconsinruralhousing.org

Offers payment assistance to eligible clients facing eviction because of past due utility bills. No assitance if disconnected.

Forward Services Corporation 800-771-8420

Emergency Assistance Program-Assists with utility bills if a disconnect notice is given. Income eligibility requirements. Office is open by appointment only.

I would like to save money on my energy bills

Central Wisconsin Community Action Council -

Weatherization Assistance Program

608-254-8353 Main Office, www.cwcac.org

Available to homeowners or renters at or below 150% poverty. Assistance includes attic insulation, smoke detectors, air sealing, and furnace, water heater and refrigerator replacement.

I can't afford a cell phone

enTouch Wireless

Contact United Way's 2-1-1 to find out how to apply

Free wireless cell phone plans available to eligible individuals. Must have own phone.

Where can I go for food resources?

Central Wisconsin Community Action Council -Adams County Food Pantry 608-393-2641

Emergency food for families and individuals in need. Clients do not need a referral. The USDA food pantry is open every Wed. from 1pm - 4pm and Fri. from 9am - 12pm for a once-a-month food pick-up.

Second Harvest Food Bank of Southern Wisconsin 608-223-9121

A mobile food pantry that offers shelf-stable, refrigerated and frozen foods once a month. Open to the public with no cost. Held at A-F Middle School the third Wed. of every month at 5pm. Bring own containers.

Capital Consortium

888-794-5556 Call Center, www.access.wisconsin.gov

Provides various services to enable clients to achieve self-sufficiency and economic independence, including FoodShare.

Adams County Public Health - WIC

608-847-9375 Adams County, www.signupwic.com

The WIC Nutrition program provides health screening, nutrition education and supplemental food for pregnant and breastfeeding women, infants and children up to age five.

Adams County Aging & Disability Resource Center - Nutrition Program

608-339-4251, www.co.adams.wi.us

(click on Departments, select Human Services, select ADRC)
Serves hot and nutritious meals which help provide mental as well as physical wellness. Meals can be delivered to the homes of older people who meet the guidelines (60 and older). In some remote areas, where it is not possible to deliver a hot meal on a daily basis, frozen meals are provided weekly or bi- weekly.

Adams-Friendship Area School District -Summer Food Service Program 608-339-3921 ext. 1114

Locations include Friendship Park, Lions Park, Burt Morris Park, several mobile home parks, and the A-F High School. Provides nutritious meals to children during the summer, when free and reduced-price school meals are unavailable. Call for schedule.

Where can I go for clothing?

Practical Cents Resale Store

608-339-2278

Sells used clothes, household items and furniture at a low cost. Provides jobs to developmentally disabled adults.

Saint Vincent de Paul Society 608-254-4011 Wisconsin Dells

Serves Adams-Friendship and southern Adams County. Used clothing and furniture at low prices in the store.

I need transportation

Faith In Action of Adams County 608-339-0504

Interfaith volunteers provide non-medical, non-financial assistance to seniors and anyone who is disabled and over 60 years of age. We offer friendly visiting, help with house or yard work, grocery or other shopping, and other support services to help them remain independent in their own home.

Where can I find affordable dental/medical care?

Family Health Medical & Dental Center 608-847-6700 Mauston, 920-787-5514 Wautoma 800-942-5330 Toll Free

Reduced cost dental care. Serves all people in need. Accepts Medicare, Medicaid, BadgerCare, most insurance, and uninsured. Sliding fee based on family size and income. Minimum payment required at each visit. Medical services also available in Wautoma.