

Ready to take that next step now? We make it easy! Fill out this form and return it to the Volunteer Center and we will contact you.

First Name:	Middle Initial:
Last Name:	
Birth date:	
Phone:	
Email:	
How did you hear about the Volunte	er Center?
I am interested in:	
I am available to volunteer: Mornings Evenings Weekdays Weekends Other:	
Do you have your own transportation	n?
Do you have any restrictions?	
Sign me up for the following e-news Volunteer Insider (bimonthly r Stuff the School Bus Day of Caring Real-time Volunteer Needs (w you in our database)	newsletter)
Return to	0:

United Way of South Wood & Adams Counties' Volunteer Center 351 Oak Street, Wisconsin Rapids, WI 54494

### ABOUT THE VOLUNTEER CENTER

The Volunteer Center is an internal program of United Way of South Wood & Adams Counties.

#### OUR MISSION

Mobilize and inspire people to utilize their talents to enhance our community.

### **OUR VISION STATEMENT**

Building a community of volunteers.

### OUR GOALS

Foster youth and adult volunteers to meet existing and emerging community needs; provide a central clearinghouse for volunteer opportunities in south Wood and Adams Counties; enhance the image of volunteers; conduct ongoing recruitment of volunteers; recognize the accomplishments of volunteers; and offer training and support for organizations and volunteers.



HandsOn









351 Oak Street Wisconsin Rapids, WI 54494

United Way of South Wood & Adams Counties



United Way of South Wood & Adams Counties



# UNITED WAY OF south wood & adams counties'







Melcone TO THE VOLUNTEER CENTER!

## GIVE. ADVOCATE. Volunteer. Live United!

You LIVE UNITED when you Give, Advocate and Volunteer. If you'd like to start your journey in volunteering, look no further than the Volunteer Center! We make it easy for you to find the perfect volunteer opportunity based on your interests and schedule. Do you prefer to search online? Would you rather speak to a live person? Read on to find out how to begin your

## **GETTING STARTED**

There are several ways to learn more about the volunteer needs in our community.

- Call the Volunteer Center at 715-421-0390.
- Visit our database of volunteer opportunities. Go to uwswac.org and click "Volunteer." You can search by agency, need, or event. Create an account and opt-in for emails to receive real-time volunteer needs.
- Listen to WFHR every Wednesday at 11:30am.
- Watch for volunteer opportunities on Wisconsin Rapids Community Media.
- Sign up for our "Volunteer Insider" e-newsletter. This bimonthly e-newsletter has Volunteer Center news and updates.
- Participate in a one-time volunteer event like Day of Caring and then decide if you'd like to do more!
- Fill out the form on the back of this brochure.



# WHY VOLUNTEER?

Health Benefits

 Volunteering has been linked to health benefits such as decreased stress and depression, lower blood pressure and a longer life span.

Benefits to Youth

- Youth who volunteer learn to respect others, develop leadership skills, learn how to work as a team and have higher self-esteem. They also tend to do better in school and graduate, choose healthier lifestyles and make better choices.
- Job Seekers
  - Volunteering provides experiences and references you can list on resumes, job applications, college and scholarship applications.



Every year we work on several initiatives. To get involved in any of these events, call us at 715-421-0390 or visit uwswac.org (click "Volunteer") for information.

#### HOMELESS POINT IN TIME (PIT) COUNT

We serve on the South Wood County Homelessness Initiative's Volunteer Committee. In January and July we mobilize volunteers to count/survey the homeless people who are living on the streets.

#### **DISASTER VOLUNTEER RECEPTION CENTER (DVRC)**

We recruit and train volunteers for the DVRC. In the event of a disaster, the DVRC mobilizes to recruit, screen and match volunteers to disaster volunteer opportunities.

#### **STUFF THE SCHOOL BUS**

Each July we ask the community to hold school supply drives or to donate school supplies to "Stuff the School Bus" during our community event in August. We need volunteers to help collect and sort donations during Stuff the Bus. We also need volunteers to help pack and distribute school supplies at Stuff the Desk.

#### DAY OF CARING

Volunteers rake yards for our local elderly/disabled neighbors in need. This annual event is held in the fall. Sign up for our Day of Caring e-newsletter to stay connected.

